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An important fact in the saving of time is that of place ing goods on the return steamer for the Islands. Smith's Cash Store, at 25-27 Market Street, San Francisco, claim to accomplish this most desirable end for the benefit of their customers, and allow nothing to

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Steamers of the above line running in connection with the Canadian Pacific Railway Company, B. C., and Sydney, N. S. W., and calling at Victoria, B. C., Honolulu, and Brishane, N. Z., are due at Honolulu on or about the dates below

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The magnificent new service, the "Imperial Limited," is now running daily BETWEEN VANCOUVER AND MONTREAL, making the run in 100 hours. without change. The finest railway service in the world.

Through tickets issued from Honolulu to Canada, United States and Europe For freight and passage, and all general information, apply to

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Furniture for your



Harness and Vehicles

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LEAD IN THESE LINES-because the best goods are sold for the least money.

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We make to order - all woodwork of Gears boiled in linseed oil - the best Hacks, Buggies. Road Wagons, Drays. and Freight Wagons.

We are agents for Studebaker Wagons and Carriages on this Island.

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We supply plantations with harness by wholesalecheaper than can be bought on the Coast. Big Stock of ready made harness on hand. Our made-to-order harness is the most serviceable harness on the market.

Blacksmithing and Carriage Repair Shop

Our horseshoer carries a diploma from the best Veterinary College.

Carriages and Vehicles repaired; best material and workmanship.

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Is under the supervision of a man whose reputation is not excelled on the Coast.

LIVERY, DRAYING AND TEAMING TO ALL PARTS OF THE ISLAND.

VOLCANO STABLES and TRANSPORTATION CO.

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Weak Nerves

Are you ever nervous? Do you lie awake nights, suffer from despondency, and often feel discouraged? It's a terrible life to lead. Don't suffer in this way any more. Get strong and well.



Follow the advice of Mrs. Thomas Pritchard of Adelaide, South Australia. She sends us her photograph and says;
"I had a terrible illness which left my nerves all unstrung. I had severe headaches, indigestion, sleeplessness, and my nerves were just as weak as they could be. I then tried Ayer's Sarsaparilla and I began to improve at once. My appetite returned, my digestion improved, and my nerves became strong and steady."

AYER'S

Be sure you get Ayer's. Use Ayer's Pills with the Sarsaparilla. These are purely vegetable pills. They cure constipation, biliousness, sick headache.

Prepared by Dr. J. C. Ayer & Co., Lowell, Mass., U.S.A.

FAST FRENCH EXPRESS TRAIN.

Flyers Are Growing More Popular

in France as Elsewhere. rate of speed have been somewhat culate on the shortest life. A conprominently before the public for scientious doctor must of necessity many comparisons with England in and, as a rule, he has little or no this connection. Little was said at time to think of himself, as his mind the time of the "Sud express," is continually burdened with the which runs daily between Paris responsibilities of his practice. In and the Spanish frontier and which both town and country the medical accomplishes a very meritorious man is compelled perforce to live performance. This train is one under unnatural conditions; he is more example of the progress that out in all weathers and at all times: has been made in France of recent and it may be truly said that a busy years with regard to rapid railway physician can hardly call an hour traveling. Its inclusive rate of his own. Then he is constantly speed of fifty miles an hour equals exposed to infection, and a large that of the fastest Scotch expresses. part of his life is spent in the dewhile its intermediary speeds show pressing the sickroom. It, therea higher average than those pre- phore will be no matter for surprise express, or even by America's to learn that, excepting artists, the

Snap Shots.

Vice that flaunts itself on the brilliant physicians. best streets is low down.

who has made many laugh should pations. This fact has been proved be tickled.

difficult to acquire as a high school conspicuous examples of the truth

whole world.

moment at the door, though once tality is far lower than among the inside the time of night will cer- industrial classes. Therefore Dr. tainly be requested.

to the hospitality of strangers.

self to the kicker.

it always has wings in reserve. for some purposes, but for the bird years. Irregular hours, too much

responsibility.

Whooping Cough.

ience with this disease, tells how to is the affection with which the poprevent any dangerous conse-liceman is chiefly troubled. The quences from it. She says: Our mail-carrier is healthy en account three children took whooping of his outdoor life, but for the same cough last summer, our baby boy reason is peculiarly subject to rheubeing only three months old, and matism. The miner, notwithstandowing to our giving them Cham- ing that for eight hours of the berlain's Cough Remedy, they lost twenty-four he is working cramped none of their plumpness and came in a coal pit, shut out from the sun out in much better health than and in an atmosphere thickly imother children whose parents did pregnated with coal dust, is, connot use this remedy. Our oldest trary to preconceive notions, a little girl would call lustily for healthy man and usually lives to a cough syrup between whoops .- green ol | age. JESSIE PINKEY HALL, Springville, Ala., U. S. A. This remedy is for sale by the Hilo Drug Co.

Physicians Give Interesting Testi. mony Upon the Subject.

Dr. Arlidge, an English physician, has recently published the results of years of close study of longevity, quoted in the Chicago Tribune, and his conclusions are instructive and valuable. Dr. Arlidge has decided that the indolent rich are the shortest-lived of all classes, and gives as the cause of this seeming anomaly that they worry their lives away. The farmer stands at the head of the list of long livers; he generally has to toil hard, but his work is in the open air, and in an altogether healthy environment. Good digestion with him waits upon appetite, and he eats heartily of wholesome food, which nourishes his frame and makes good red

the clerical, legal, and medical professions. The clergyman in the country leads a life somewhat closely resembling that of the farmer; he is much out of doors, his hours are necessarily regular, and he is precluded by the nature of his calling from dissipated habits of a worldly sort. The lawyer's lines, so far as health is concerned, are not cast in such pleasant places. His life is a more strenuous one, generally full of excitement, with the brain kept for most of the time at high pressure, and the nerves on French express trains and their professions, the physician can calsome time, and there were a good be the most self-abnegating of men; 'Empire State" express. - Paris largest number of suicides are recorded among members of the medical profession. Insanity, also, has wrecked the minds of many

Politics, according to Dr. Arlidge, It is quite proper that the man is one of the most healthy of occutime and again-Gladstone, Bea-Knowledge of grafting is not so consfield, Bismark, and Thiers are of this statement. Great brain Good digestion will brighten the workers are notoriously long lived, and among literary men, scientists, Young love will not fail to halt a professors, and teachers, the mor-Arlidge holds that activity of the A wise dog will not take readily mind, if bent in the right direction, has more to do with the health of The curbstone will not refuse it- the body than muscular exertion, but he thinks that a judicious com-An Easter hat is impatient, but bination of both forms of exercise brings about the ideal condition.

No atmosphere is so pure that it | Employers of labor are especially is not compelled to meet much bad subject to heart affections. Nervous complaints come second, apoplexy The joy of a hopeful life is that third, and consumption fourth. The commercial traveler is a man who A bird in the hand may be better seldom reaches the allotted term of and the music of it the bush is drinking and smoking, and poorly cooked food are the factors that tend It is not easy to make a joke of to bring his existence to an untimely end. Policemen are, as a People who cannot walk do not class, very healthy and live to an prefer to ride. - Sioux City Journal. advanced age, due to the fact that they are chosen for their soundness, and that their life is largely A woman who has had exper- spent in the open air. Rheumatism

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OCCUPATION AND LONGEVITY. MILK ADULTERATION IN ATHENS.

Unique Exhibition of the Total Depravity of Milk Men.

A French newspaper describes an ingenious method of milk adulter. Sugar Factors, ation practiced in Athens. The residents have a penchant for goats' Commission Agents. milk, and herds of these animals are led along the street by milk sellers wearing long blonses with capacious sleeves. Their cry of Vational Cane Shredders, "Gala! gala!" brings the housewife to the door, and she prudently demands that the goats shall be milked in her presence. This is done, but the milkman has in one hand the end of a thin tube which runs up his sleeves and connects with an India rubber receptacle full of water, which is carried under his ample blouse. At each pressure of the fingers on the udder Honolulu . . Oahu, H. I. there is a corresponding compression of the water sack, and milk Next in order of longevity are and water flow side by side into the milk pail.

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5c "EL MERITO" 5c "MANILA"

10c "EL PALENCIA" 10c "BOHEMIAN CLUB" and others

Select Cigarettes

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FRESH ISLAND BUTTER Fine Fat Turkeys.

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If you appreciate a good meal nicely prepared call and see me.

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